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### **Customer Service** Assessment

www.myarmyvoice.org/community2008



# The Fort Jackson

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www.fortjacksonleader.com

# Boy saves family, home

Mike A. Glasch Leader Staff

Most young boys consider their father their greatest hero. For Staff Sgt. Felipe Pinero, platoon sergeant, Company A, 187th Ordnance Battalion, it is just the opposite; his biggest hero is his 5-year-old son Conner.

Pinero credits Conner with saving the lives of his entire family.

Early in the early morning hours of Sept. 13, as the Pineros were sleeping, a fan in Conner's bedroom caught fire.

"The first thing I can remember is hearing Conner's voice telling my wife there is a fire. He's telling us there's a fire, I see smoke," Pinero recalled. "I ran into his room. A fan had caught fire and fell on top of a small sofa setting it ablaze."

Pinero was able to put the fire out before it spread through the rest of their Pierce Terrace unit.

"Once I entered the room, my first thought was to put out the fire. It took about 20 seconds," Pinero said. "It got pretty big. The fire department said another five or 10 seconds and his entire room would have been up in flames."

According to Pinero, the fire investigator concluded that a box fan that was plugged in, but not turned on, developed an electrical short and caught fire. Pinero said the fire safety lessons Conner learned in school helped his son remain calm in a scary situation

"He likes to come home and talk about stop, drop and roll. The way he responded was awesome," Pinero said. "He wasn't scared. He didn't waste any time."

According to Fort Jackson fire officials, investigators from the Consumer Product Safety Commission will be inspecting the fan to determine if a recall of that particular model needs to be issued.

For information on product recalls and recall alerts, go to the CPSC Web site at www.cpsc.gov.

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Conner Pinero, 5, shows off a medal given to him by the Fort Jackson Fire Department designating him as an Honorary Junior Firefighter. Conner is credited with saving his dad, Staff Sgt. Felipe Pinero, platoon sergeant, Company A, 187th Ordnance Battalion, and the rest of his family from a house fire in the Pierce Terrace Housing area.

## Tiananmen survivor finds calling in the chaplaincy

Crystal Lewis Brown

Leader Staff

With his unassuming demeanor and ready smile, Chaplain (Capt.) Yan Xiong is hardly a man one would picture in the middle of China's most widely known massacre.

But in 1986, years before the Chaplain Captain's Career Course student became a Soldier, he was considered one of his native country's biggest threats.

As a student at Beijing University Law School, the Hunan Province native was among the leaders of China's student movement. Frus-

trated by China's lack of freedoms, which extended to even student organizations, he joined his fellow activists in hunger strikes and other forms of protest aimed at forcing a dialogue with communist leaders.

One such protest, held in Beijing's Tiananmen Square, continued for 56 days, he said, before something happened for which no one could have been prepared. On June 4, 1989, the Chinese army opened fire on the group of thousands of student protesters.

"I was there with my friends," Xiong said. "We carried a lot of bodies to the hospital. I'll never forget that day."

The fear that accompanied the first gunshots quickly gave way to anger, Xiong said.

'When the Chinese army soldiers opened fire, we'd never seen that before," he said. "At first we were scared (but) you won't believe after a couple of minutes, the fear is gone, only anger, indignation."

Xiong survived that day, but was soon put on the list of China's 21 most-wanted student leaders and was quickly captured and jailed. He was confined 19 months, and was released in 1991. In 1992, he fled to the United States as a political refugee. In 1994, he enlisted in the Army. After serving out his enlistment, Xiong left the Army and joined the ministry. In 2003, he decided to join the chaplaincy.

Xiong's winding path to the chaplaincy has another twist in that he was unable to openly practice religion in China. After being released from prison, he said, a member of an underground church introduced him to the Bible.

When he came to the United States, he decided to become a Christian. Eventually, he de-

See Chaplain Page 3

## COMMANDERS' CORNER\_

### From the Commanding General

## Voting is vital, but political activity has its limits

It goes without saying that with this year being a presidential election year with so many important pivotal issues, there has been no shortage of political messaging and activities.

As the political fanfare heats up down the stretch to Election Day, the Fort Jackson community needs to remain fo- Brig. Gen. May cused on our responsibilities

and obligations as Soldiers or as members of the government work force.

At the same time, leaders need to stress to Soldiers and Department of Army civilians that they should take part in the election process. The Army encourages its Soldiers, civilians and all eligible community members to exercise the right to vote.

Voting is an important right that affords each and every American the opportunity to have a personal voice in shaping our country's future. I can not over-emphasize that point, other than repeating what most of us already know in that one vote can make a world of difference.



To ensure the uninhibited path to the voting booths, our installation's Unit Voting Officers have worked diligently and have done a wonderful job in providing our Soldiers and their families with the necessary resources for registering in their home states as absentees.

There is also a plethora of voting information online at: www.fvap.gov and www.vote.army.mil.

As for taking part in the election process, there are, of course, limits as to what we can and cannot do so that we maintain our position of neutrality.

Most important, we need to make sure that we do not lose our neutral footing so that we never breach the public's trust.

Earlier this year the Department of Defense renewed its emphasis on the rules limiting what Soldiers are permitted to do in regard to political activities.

DoD revised an earlier directive that had been issued some five years back, amending rules about candidacy and campaigning as they pertain to former military members,

retirees and current Reserve Army Soldiers running for office.

We need to ensure we stay abreast of these mandates and responsibilities in regard to the ethics requirements governing public activities — because there are rules that apply to Soldiers and other rules that federal employees must follow.

For example, a Soldier is allowed to express his or her personal opinion about a political candidate, because he or she certainly can — but just not as a representative of the Army. A Soldier can attend partisan political gatherings — but not in uniform.

A Soldier may also make contributions to a political party or organization. But on the other hand, a Soldier on active duty may not make a contribution to another member of the military on active duty or to someone who is employed by the federal government.

There are other boundaries for Soldiers as well. For instance, a Soldier may not be a candidate or hold a civil office, except under limited conditions.

However, the ethics standards do not

prohibit an Army Civilian from campaigning for or against a particular candidate in a partisan election. That's OK, so long as the campaigning does not take place on post and in the workplace.

There are many other rules and distinctions — far too many to mention in this space — explaining who can do what in the political arena. What's important to remember and what our trainers need to stress is that Soldiers and Army civilian employees adhere to our Army professionalism at all times, because the Army does not participate in partisan politics.

A good rule of thumb is that any public or outward involvement in or support of partisan political activity by Soldiers is more than likely prohibited.

For more clarification, Soldiers should consult AR 600-20 and DODDIR 1344.10 for guidance. Civilians should refer to the U.S. Office of Special Counsel Web site at http://www.osc.gov./hatchact.htm.

Questions can be directed to the Fort Jackson Staff Judge Advocate's administrative law section.

### **Ask the Garrison Commander**

## CAC appointment; ID regulations; sexual assault

Can I make an appointment to update my CAC Card?

Yes, taking advantage of the appointment system Available in the ID card sections of the Strom Thurmond Building will reduce your waiting time.

I was told that there are victim advocates on post who are available to assist victims of domestic violence or sexual assault. What exactly do victim advocates do?

Victim advocates respond to all calls of domestic vi-Aolence and to all calls of sexual assault. They are there to ensure that victims are given a reporting option and that they are treated with fairness, dignity and respect.

Victims can receive referrals for counseling, financial assistance, employment assistance, food vouchers, shelters



Col. Dixon

or other services both on and off the installa-

Advocates can provide crisis intervention and ongoing emotional support. They can accompany the victim during investigative interviews and medical examinations, as well as offer assistance with obtaining a military order of protection or a civilian order of pro-

They often serve as a liaison between the Soldier's command and other agencies in-

volved. The services of a victim advocate are optional. Victims are not mandated to participate in the victim advocacy program. Referrals can be received from chaplains, health care providers, commanders, military police or as self re-

Victim advocates respond to calls around the clock. If

you or someone you know needs assistance, call the Soldier and Family Readiness office during duty hours at 803-751-6325 or after hours on the on-call phone at 803-429-4870.

#### **Garrison Fact of the Week**

Shaken Baby Syndrome describes a variety of outcomes that may occur because of violently shaking or hitting the head of a small child. The results may include neurological damage ranging from lethargy to death because of destruction of brain cells, oxygen deprivation and swelling of the brain. Shaken Baby Syndrome is the most common cause of infant death from head injuries and is considered a serious form of child abuse, which occurs most often in 2- to 3-month-old infants

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

#### Fort Jackson, South Carolina 29207

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To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail

fjleader@conus.army.mil.

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## Descendants find common ground at Fort Jackson

Susanne Kappler Leader Staff

More than 100 descendants of the people who formerly owned the land that now constitutes Fort Jackson met on post Saturday for the first landowners' descendants reunion.

When the United States' involvement in World War I became imminent in 1916, the need for an Army training installation in the Columbia area arose, and the military bought land east of Columbia from more than 30 families — the exact number is not known

Descendants from 20 of the families were present for the reunion and came from as far as California to attend.

"All my life I heard about the good times and the bad times out here and I wanted to get as many people together as possible," said John Howell, who with Bill Bauer organized the event.

Howell is a descendant of John Wise, who owned land in the area that is now Mc-Crady Training Center.

"One of (my mother's) last wishes in 1997 was to be buried out here and we got that approved. She's buried right beside her mother and father," he said. "I come out occasionally to visit the grave and visit other cemeteries."

Fort Jackson is home to 26 family cemeteries, most of which are located in training

Many of the descendants came to do some genealogical research, like Jim Hepler from Bennettsville.

"I'm from Philip Roberts' side and Philip was one of the early landowners in Richland County and had a lot of property here and also farmland down along the river," Hepler explained.

"He died and the property was left to my great-great grandfather and his brother. And then, one of the women, Susan Roberts Freeman, began buying a lot of the property — real unusual woman for her time — she ended up becoming one of the large landowners here.

"And from what I understand, she was the last one to hold out in selling land to the fort. Everybody was giving it away, because back in those days, they loved the government, and they wanted to help, you know, and so they were giving the land practically away. Not Aunt Susan. She held out and made a fortune."

Barbara Simons Jacobs traveled from North Carolina to join the reunion and brought many family members with her. Her grandfather was a free black man who owned land. Her mother, Minnie Simons, had been a student of the family's history and even wrote a book about it.

"She's been studying and researching what happened for many, many years," said Melissa Cornick, Simons Jacobs' daughter. "She died several years ago, in 1990, and I brought her back before she died to see this



Photo by Susanne Kappler

Betty Bouye-Hilliard tries to read the weathered inscription on a headstone at Fort Jackson's Mount Pleasant cemetery Saturday. She is a descendant of one of the landowners who sold land to the government for the construction of Fort Jackson.

land, and it was open for us to walk through."

Nowadays, the land is not accessible without permission, but the family was given the opportunity to see the cemetery located there.

"We came from all over the country, there's scores of us here just for this event," Cornick said. The reunion included visits to several cemeteries, a command brief on how the land is used today, lunch with Soldiers at a dining facility and a session with a local historian.

The turnout was much higher than expected and the organizers have put together a committee to plan the next reunion.

Susanne.Kappler1@us.army.mil

### Chaplain (continued from Page 1)

cided to incorporate his love for Christ and passion for helping others into his full-time job.

"I'm a Soldier, and I'm a pastor," said the 43-year-old. "For me, it's really natural to be a chaplain."

He said his experience during the Tiananmen Square massacre has also helped him in his role as a military chaplain, especially during this time of war.

"That's why I joined the chaplaincy. That's why I want to help people," he said of his experience. "Since I experienced Tiananmen Square, I understand what it's like to want to overthrow a dictatorship. That's why I wholeheartedly support our war."

Chaplain (Maj.) Bill Harrison, course manager and one of Xiong's instructors, said he understands why Xiong's past led him to the chaplaincy.

"I thought it was very interesting that he went from being a student leader of a communist country to a chaplain in the U.S. Army," he said. "I think he sees a connection to what he was advocating then to



Photo by Crystal Lewis Brown

Chaplain (Capt.) Yan Xiong explains to classmate Chaplain (Capt.) Daniel Hardin the circumstances behind one of the most infamous pictures of the Tiananmen Square massacre in China in 1989. Xiong was there and survived.

what he does now. He's still an activist in a way."

Recently, Xiong has addressed several Chinese American groups to share his story, and was interviewed by Voice of America for a special program that will be aired in China.

"It's just exciting to know the success story that what he set out to do as a student, he still has the opportunity to do," Harrison said.

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### CFC half way to contact

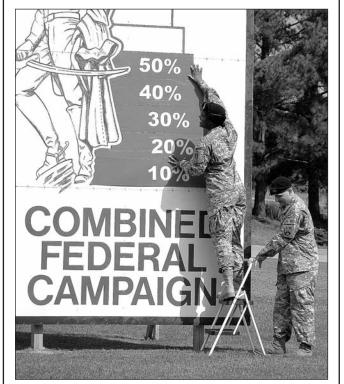


Photo by Susanne Kappler

Spc. Dejourni Garrett, 120th Adjutant General Battalion, left, and Spc. Joseph Wisniewski, 165th Infantry Brigade, update the sign on the corner of Lee Street and Strom Thurmond Boulevard. The sign shows the percentage of potential contributors who have been contacted about the Combined Federal Campaign. The CFC collects donations on behalf of charities from service members and federal employees through Dec. 15.

# Around Post

## Terror on Thomas Court

The haunted house on Thomas Court will be open 7-8 p.m., Oct. 31.

## Newcomer's Orientation

A Newcomer's Orientation/Reentry Briefing will take place from 9 a.m. to noon, Nov. 5 at the Post Conference Room.

## **Customer Assessment**

All community members are invited to participate in a customer assessment through Nov. 7 at www. myarmyvoice.org/community2008.

## Families of the Year Nominations

The nomination deadline for Families of the Year is Oct. 31. All nomination packets must be endorsed by the unit or agency commander (Colonel). For more information, call 751-5444.

### Legal Education Program

The Office of the Judge Advocate General is accepting applications for the Army's Funded Legal Education Program. Selected officers will attend law school beginning Fall 2009. Officers interested in applying should register for the Law School Administration Test. For more information on the application process and eligibility criteria, call 751-7657.

## Marion St. Station Construction

Marion Street Station will be under construction while a new roof is built. The construction will last until Oct. 25. There may be changes to the entrance and exit during construction.

### **Reporting Abuse**

Every Soldier and member of the military community should report information about known and suspected cases of spouse or child abuse to the military police. The 24-hour report line is 751-3113.

#### 'River Raiders' reach for excellence



**Courtesy Photo** 

Eight "River Raider" Soldiers receive the Order of Saint Maurice for their individual contributions to 3rd Battalion, 60th Infantry Regiment. The ceremony, which took place Friday, included from left, front row: Staff Sgt. Aaron Reynolds, Sgt. 1st Class Oscar Rosales and Sgt. 1st Class Michael Sebastian. From left, back row: Lt. Col. Alan J. Deogracias II, 3rd Bn., 60th Inf. Reg. commander, Staff Sgt. Warren Jones, Staff Sgt. David Gilmer, Sgt. 1st Class Glenn Laney, Staff Sgt. Denium Goodell, Staff Sgt. Michael Garcia and Command Sgt. Maj. Michael Evans, 3rd Bn., 60th Inf. Reg. command sergeant major.

#### This is how you do it



Photo by Crystal Lewis Brown

Retired Sgt. 1st Class George Johnson inspects the parachute of an Airborne Orientation Class student. Johnson was part of a group of 101st Airborne veterans who participated in a tour of Fort Jackson Friday.

### **Customer Service Corner**

The Teen Focus Group raised several issues, which have recently been completed. The issues pertain to the Directorate of Family and Morale, Welfare and Recreation.

Title: Transportation to Youth Services Center

**Scope:** There is no youth center in Howie Village, so youth and middle school children are required to either walk in the dark/inclement weather or find rides to participate at the Youth Services Center on Chestnut Road. Lack of participation by teens in youth programs leads to boredom and sometimes "reckless" behavior.

**Recommendation:** Child, Youth and School Services will provide a shuttle at certain times in the afternoon to assist youth in getting to the Youth Services Center from Howie Village.

Response: CYSS has recently hired an additional driver with funding through the Army Family Covenant and are coordinating a bus schedule to provide transportation from Howie Village and points off-post to the Youth Services Center and back. Routes and stops will be advertised once coordination is complete. CYSS anticipates offering this additional bus service later this month.

**Title:** Transportation for off-post teens

**Scope:** Teens living off post need transportation to Fort Jackson to be able to participate in on-post activities. Most teens have difficulty providing their own transportation and require someone to drive them, so many teens may be unable to participate in some activities because of a lack of transportation. Providing means of access to post will help increase teen socialization, keep teens active, increase their participation in the community, and keep them safe and out of trouble.

**Recommendation:** For CYSS to provide more buses for transportation and hire more Middle School and Teen program staff members to drive buses.

**Response:** CYSS has recently hired an additional motor vehicle operator with funding through the Army Family Covenant and is coordinating a bus schedule to provide transportation from Howie Village and points off post to the Youth Services Center and back. Routes and stops will be advertised once coordination is complete. CYSS anticipates offering this additional bus service later this month.

Title: More funding for teen traveling teams

**Scope:** Existing funds are not adequate to support MST traveling teams. When funds run out, teens have to pay out-of-pocket. If money is not available, there will be decreased participation.

#### **Recommendation:**

- Increase fundraising for MST traveling teams.
- Provide sponsorship.
- Provide garrison command monetary support.

**Response:** The Teen Traveling Basketball team initiated during summer 2008 was partially funded with Appropriated Fund resources allocated to the Middle School/Teen Program. These resources supported all staffing and transportation needs of the team. Appropriated Funds cannot be used to support items retained by team members. Additional funds have been planned in the fiscal year 2009 budget.

The Army's Installation Management Command officially launched the Customer Assessment surveys Oct. 20.

The assessments fall into two main categories: corporate and constituent, which will be accessed from the same Web link; www.myarmyvoice.org/community2008.

These surveys represent an opportunity to provide a comprehensive review and report of garrison services used.

Where the Interactive Customer Feedback system only captures individual customer satisfaction data from a single provider based on a single transaction, the assessments will capture much more.

"This is an opportunity for customers to assess garrison service providers based on the performance and importance of the service," said Angelo Walker, the IMCOM Southeast Region CMS coordinator. "The services are rated from the viewpoint of the unit leaders, Soldier and family perspective."

To take this survey and rate how well garrison is supporting the Fort Jackson community, simply click the <a href="https://www.myarmyvoice.org/community2008">www.myarmyvoice.org/community2008</a> link and follow the instructions provided.

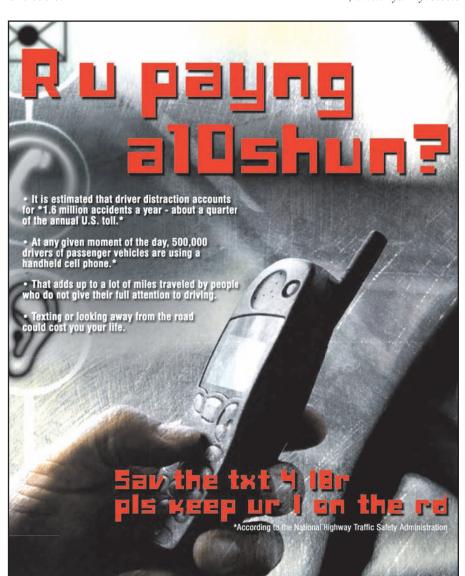
All issues submitted through Community FIRST/AFAP can be viewed, or new issues submitted, through the Customer Management Services Web site. Submit issues whether it affects Fort Jackson or the entire Army; feedback is important.

Submit issues and recommendations online at <a href="http://www.jackson.army.mil/WellBeing/wellbeing.htm">http://www.jackson.army.mil/WellBeing/wellbeing.htm</a>. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo to submit an issue.

#### **ICE Appreciation**

The garrison congratulates Moncrief Army Community Hospital, specifically Computed Tomography (CT Scanning) and Magnetic Resonance Imaging (MRI).

They have achieved a 5.0 and a 4.98 rating, respectively, in employee/staff attitude out of a possible 5.0 for a 12-week period.



### A tip of the campaign hat to this week's ...

### **Drill Sergeants of the Cycle**



Staff Sgt.
Pearl Welch
Company A,
2nd Battalion,
39th Infantry
Regiment



Staff Sgt. Michael Garcia Company F, 2nd Battalion, 39th Infantry Regiment



Staff Sgt. Nicholas Braddock Company B, 2nd Battalion, 39th Infantry Regiment



Staff Sgt.
Zach Delisi
Company D,
3rd Battalion,
13th Infantry
Regiment

## ARMY NEWS \_\_\_\_

## Reserve to become operational force

Elizabeth M. Collins Army News Service

WASHINGTON — The Army is changing how it generates forces and is overhauling the National Guard and Reserve, said the commander of Forces Command recently.

Gen. Charles C. Campbell told reporters that transitioning the Reserve component from a strategic reserve to an operational force is a crucial part of modernizing the Army.

"We will organize the Guard and Reserve along modular lines and equip (the reserve component) in ways that make it fully interoperable with the active component," Campbell said. "There are some costs associated with that that are pretty significant, but nonetheless, at end state, our intent is to modularize the Guard and Reserve."

It is difficult and complex to operationalize the reserve component, Campbell said at the AUSA Land Warfare Forum on the subject. But he emphasized that it is crucial.

"Clearly, what is required is adequate equipment that enables home-station training" at Reserve centers and armories prior to mobilization, Campbell said. He added that the Guard and Reserve must also be equipped and trained for homeland defense and homeland security.

Making sure Reserve-component Soldiers have the right training and equipment is especially important because the Army relies on them so much today, and because in January 2007, the secretary of defense shortened National Guard

and Reserve mobilizations to one year for both time in theater and training at mobilization stations. So the Army needs to make training time count, he said.

Lt. Gen. Michael Rochelle, the Army's deputy chief of staff for personnel, G-1, said that before 2001, the Army Reserve and Guard was primarily considered a strategic reserve. Under the mobilization concept, if the balloon went up, units would be called up for the duration of a war plus six months. But that is not how they are used today, he said, with Guard and Reserve units doing rotations to theater and back.

Because operationalizing the whole Reserve component at once could cost about \$28 billion, Campbell said that right now the Army is modernizing and updating National Guard and Reserve units that have been alerted for deployment

As the Army continues to fulfill, re-examine and adjust its requirements over the next year, Campbell said the Army hopes reserve-component Soldiers will soon be able to spend four years at home for every year of deployment, and that active-component Soldiers will be able to spend two years at home between deployments.

The training battalions that prepare Reserve Soldiers for deployments need to be operationalized as well, said Lt. Gen. Jack Stultz, chief of the Army Reserve and commander of U.S. Army Reserve Command.

"In the Army Reserve, we have a lot of generating force, as well as expeditionary force," Stultz said. He said that some Reserve drill sergeants and trainers have been on active duty for four years.

"The generating force needs to be operationalized as well," he said.

Stultz talked about recruiting and partnerships with employers. He has formed a partnership with dozens of employers across the nation in which companies will hire Reserve Soldiers after they finish their active duty. He said the next step is figuring out how to share health benefits, insurance and retirement benefits between the Army and the private sector.

Lt. Gen. Clyde Vaughn, director of the Army National Guard, said that reorganizing and transforming his force included closing more than 150 armories. He said it was painful, but it enabled reorganizing a force that a few years ago was understrength and overstructured. It enabled filling units to 91 percent, he said.

Lt. Gen. Rochelle said it is important to streamline the way Guard and Reserve Soldiers are brought on active duty. He said there are currently 14 different categories of active duty for the components, to include Active Duty for Training, Active Duty Special Work and more. He said that should be streamlined to three or maybe even one.

"It's either active duty or it's not," he said.

## Army recruits wounded warriors for civilian workforce

Gary Sheftick

Army News Service

WASHINGTON — Army personnel officials are launching an outreach program as part of a push to hire more wounded warriors and their spouses as civilian employees.

In the past four years, 43 Soldiers wounded in action have been hired as civilian employees Army-wide, G-1 officials at the Pentagon said. But they emphasized that new initiatives have the potential to bring many more veterans and their spouses into federal service.

An executive order signed by President Bush Sept. 25 authorizes non-competitive appointments in the civil service for spouses of disabled veterans and surviving spouses of service members killed in action.

Dr. Susan Duncan, the Army's assistant G-1 for Civilian Personnel Policy, said she expects the Office of Personnel Management to issue implementing guidance that will allow the Army to begin hiring spouses of wounded warriors under the executive order by first of the year.

"Many times, our wounded warriors' source of income is their spouse's work," Duncan said. She added, though, that the Army personnel community is also redoubling its efforts to hire wounded veterans into the civilian workforce.

The Army has proposed a department-wide referral program for wounded warriors that DoD officials are considering.

In the meantime though, G-1 is fostering local partnerships between the Army Wounded Warrior program, known as AW2, and civilian personnel offices.

"It's a partnership at the lowest level,"



Photo by Gary Sheftick

Lt. Gen. Michael Rochelle, G-1, gives his coin to former wounded warriors Calvin McCloy (left) and Donald Laplante, for helping man the G-1 civilian personnel outreach booth at the AUSA exposition. Both now work as civilian employees at Fort Riley, Kan., and were asked by Dr. Susan Duncan (center) and her staff to help with the G-1 outreach effort.

said Scott Rowell, deputy assistant G-1 for strategic planning.

One such partnership at Fort Riley, Kan., is being held up as a model for other installations

"At Fort Riley, the AW2 representative and the CPAC work together," said Calvin McCloy, a former first sergeant who was wounded and now serves as a civilian employee at the Army Benefits Center at Fort Riley.

McCloy was a first sergeant with the 1st

Battalion, 41st Infantry Regiment near Ramadi, Iraq, when his vehicle hit an improvised explosive device in April 2005. He suffered severe burns.

He was angry when he was told that he could not stay in the Army. Being a first sergeant was his life, he said: "That's all I wanted to do."

After spending several months in the burn unit at Brooke Army Medical Center in San Antonio, Texas, McCloy went to the Warrior Transition Battalion at Fort Riley. He wrote a resume through the Army Career and Alumni Program. The resume was sent to Kelly Frazier of the Fort Riley Civilian Personnel Advisory Center, and she called in McCloy for an interview.

"Kelly explained the HR field to me," McCloy said.

She then paired him with the ABC call center that handles retirement benefits for employees Army-wide, and McCloy found it to be a good fit.

The Army is currently able to hire disabled veterans through both competitive and non-competitive authorities, said Steve Lewis, a G-1 Human Resources specialist. He explained that disabled veterans automatically receive a 10-point preference when competing for government jobs. In addition, the Veterans Recruitment Act and the Disabled Veterans Appointment Authority allow the Army to hire some wounded warriors without competition, he said.

"The Army is already actively placing our wounded warriors, but we're trying to be more systematic," Lewis said.

He is advocating a proposal that would have resumes of wounded warriors disseminated DoD-wide using the same electronic application as the Priority Placement Program. He emphasizes that wounded warriors would not actually be priority placements, but their resumes would simply receive "maximum visibility" through the program, if approved by DoD.

"It will work once the dominoes are in the right place," said Rowell of the outreach hiring program for wounded warriors.

Editor's News: ARNEWS correspondent C. Todd Lopez contributed to this report.

## FEATURE \_\_\_\_\_

## Exploring the good eats at post DFACs

**Daniel Terrill** Leader Staff

Evelyn Rodriguez and her 2-year-old granddaughter Ericka attended Fort Jackson's Food Expo at the NCO Club ballroom Tuesday for the second year in a row. Rodriguez, a DA civilian, now calls it a "family tradition."

The "tradition" has been going on for three years now and has allowed thousands in the Fort Jackson community to taste different foods served to Soldiers in training, said Beverly Sowell, food service specialist supervisor.

"We no longer have boxes that you don't know where they came from; now we have items that are name brand," Sowell said.

Among the name brand items is Airline turkey breast, which is fully seasoned and cooked for three hours, said Glenn Humphrey, House of Raeford.

"Last year we had too much, this year we went through eight turkey breasts," he said, while carving the last bits of the bird.

Meanwhile, a steady stream of Soldiers and civilians entered the club to taste the annual fare.

"I thought the food was excellent," said Aretha Williams, DA civilian. "The event was well-organized and it was a great break from the traditional lunch hour."

Amid the excited, hungry hoard were the beaming vendors whose finest samples were quickly disappearing from small plates on numerous tables, with eager samplers winding around each table in a serpentine line.

"I think it's getting more and more people — a lot more people than last year," said Rodriguez, waiting for the line at another table to shorten. "I haven't gotten to the lobster yet. That's something I'm looking forward to," she said.

Another popular new dish was the salmon burger, which is also served in the post's dining facilities, said Sowell.

"The salmon burger was "very popular," said Belinda Deberry of Gilbert Food Service. "As a matter of fact, they ate it all."

The vendors whose food was available were carefully chosen for the quality of their product, both in taste and in nutritional value, said John Nelums, quality assurance evaluator.

"We just want to make sure the food we give our Soldiers complements the training they do," he said. "That's what we strive to do, and I think we do pretty good."

From the taster's perspective, Rodriguez said, "I'm an Army brat so I always look forward to being around the Army community. Ericka will be 3 next year and hopefully we can keep it up."

Daniel.Terrill@us.army.mil



**Photos by Daniel Terrill** 

A tray of strawberry French toast and assorted peppers make up a center piece for a vendor at the 3rd Annual Fort Jackson Food Expo Tuesday at the NCO Club ballroom.



A sample plate from various vendors at the 3rd Annual Fort Jackson Food Expo Tuesday at the NCO Club ballroom.



Gumbo with chicken, sausage, shrimp, okra, tomato and a secret ingredient becomes a favorite dish for another year in a row.



A vendor's chef talks food with a participant at the Food Expo. The event brought hundreds of people to the NCO Club to sample dining facility cooking.



A beef enchilada display placed on the table at a vendor's station at the 3rd Annual Fort Jackson Food Expo Tuesday at the NCO Club ballroom. Other flavors available are chicken and bean.

## FEATURE \_\_\_\_

## Vet clinic offers more than treatment

Susanne Kappler Leader Staff

Americans own more than 43 million dogs and more than 37 million cats, according to the American Veterinary Medical Association's 2007 survey. Local pet lovers who are on active duty or retired from the military can take care of their furry friends with the help of the Fort Jackson Veterinary Treatment Facility.

"The main services we provide are preventive medicine services: vaccinations, deworming, heartworm prevention, heartworm treatments, flea control and tick control," said Dr. (Maj.) Kevin Hinton, veterinarian at the clinic.

The facility also handles sick-call appointments for the diagnosis of illnesses and minor surgeries, such as spays, neuters and growth removals.

"We try to offer as much as we can, as long as we can do it to the same standard as an off-base clinic," Hinton said. "We're not going to cut corners and try to do things that we don't have the equipment or personnel to handle, like hospitalizing pets for serious illnesses. We don't really keep patients overnight because we aren't staffed to have people here 24 hours, but we do as much as we can within the scope of our personnel limit. And then, if we get to the point where we cannot adequately handle the problem, we give the advice to go off base."

Because of its limitations, the facility exclusively treats cats and dogs.

"We can do health certificates and things of that nature for pocket pets like hamsters and guinea pigs, but as far as treating them medically, we don't," Hinton explained. "When you start getting into pocket pets and birds, it's more of a specialized thing. You need a whole different array of equipment, drugs and lab equipment."

The vet clinic has more than 3,000 active records and treats between 60 and 70 pets daily.

One scenario Hinton faces frequently is self-diagnosis by owners.

"There's a lot of good information on



Maj. Kevin Hinton examines one of the Fort Jackson Veterinary Clinic's adoptable cats. The clinic's stray facility houses cats and dogs found on Fort Jackson, and the staff runs weekly announcements in the Leader to find a new home for them.

the Internet and there's a lot of bad information," he explained. "I see a lot of people going on the Internet and doing a self-diagnosis, just like people do for themselves, and ending up getting a wrong diagnosis or putting off coming in

to see the vet when they should have

Hinton also encourages pet owners to contact a vet regarding questions about pet maintenance.

"If you have any questions about

weight management or what your pet needs diet-wise or activity-wise or vaccination-wise, just call a veterinarian and talk to him as opposed to just trying to use the Internet or pet stores as your exclusive information," he said. "If you have any concerns or you think there's something wrong, don't wait. Go ahead and contact us or take your pet to see a civilian veterinarian and have it checked out."

The vet clinic not only treats pets, it is also a place where future pet owners may find a new four-legged friend. The clinic features a stray facility and usually has a number of cats and dogs ready for adop-

"Once an animal is turned in, per regulation we have to keep it for a certain number of days to see if the owner's going to claim it," Hinton said. "After 72 business hours, the animal can be put up for adoption. We do require that any animal adopted from us has a microchip, proper vaccinations and is spayed or neutered."

The adoption fee covers the cost to perform these procedures, if necessary.

The vet clinic also provides health certificates and travel tips for pet owners whose military orders take them overseas.

"As soon as you hear that you might be going overseas or you get orders, come to the vet clinic, because we have all the information here for all the different countries," Hinton said. He explained that the process for bringing a pet into some countries is easy, while others require a very lengthy process.

"Make sure your pet has a microchip," he said. "All the countries that have difficult quarantine processes require microchips. If you already have it in place, it makes it easier once you get orders to get everything done. And make sure all your vaccinations, especially the rabies vaccination, stay up-to-date."

The vet clinic is located at 2445 Knight Ave. and is open from 8 a.m. to 4 p.m., Monday-Wednesday. For more information or to schedule an appointment, call

Susanne.Kappler1@us.army.mil

### FEATURE \_\_\_\_

## Graduate learns about uncle's legacy in BCT

#### Crystal Lewis Brown

Leader Staff

It's been almost four decades since the death of national hero Audie Murphy, often cited as the country's most decorated war veteran. Now, 66 years after the son of Texas sharecroppers first joined the Army, one of his relatives is on his way to creating his own Army legacy.

Pvt. Clinton Murphy, a 19-year-old Shepherd, Texas, native will be graduating from Basic Combat Training to-morrow.

Though the Soldier grew up hearing about his well-known relative, he was more familiar with his Hollywood stardom than his military accomplishments.

"I knew that my family always talked about him," he said. "Everyone bragged about the movies before they did the military."

Audie Murphy made 44 feature films, and was best known for playing himself in "To Hell and Back," based off his best-selling novel of the same name.

Once in Basic Combat Training, Clinton Murphy said he realized just how well-known his great-great uncle was in the Army, and how much respect and admiration fellow Soldiers had for him.

"I had no idea at all," he said. "I knew he was decorated, I knew he did great things ... but nothing to that extent."

He is referring to Audie Murphy's 33 medals and awards, including the Medal of Honor, the country's

highest military award.

When Staff Sgt. Michael Woodland, a drill sergeant with Company D, 3rd Battalion, 60th Infantry Regiment, first heard there was a Soldier

claiming to be related to Audie Murphy, he said he was a bit skeptical.

"I wouldn't say I didn't believe it, but I wouldn't say I believed it either," he said.
Woodland said he called
Cheryel Oyin —
Clinton Murphy's aunt — in front of the entire platoon to verify his story. Everything checked out. Not surprisingly, the news spread

quickly throughout the company. Since the announcement, the private's fellow BCT Soldiers — many of whom had little or no knowledge of Audie Murphy before — have been conducting their own research through letters to their families. He said he's been shown several

letters from grandparents sharing their own stories of the hero's legacy.

But the shy Soldier's newfound fame isn't without its share of good-natured ribbing.

"Sometimes, the drill sergeants, when I do something wrong

say, 'Come on

Audie," he said.
And his battle
buddy, Pvt.
James Taylor,
said his friend
was once offended by the
implication he
would have it
easier because of

his famous relative.

"He kind of re-

sented it," Taylor said.
"He wanted to make it on his

own; he has strong character."

What he also has, said his drill sergeant, is the makings of a fine Soldier. Like his great-great uncle before him, Clinton has qualified as an expert marksman.

Crystal.Y.Brown@us.army.mil



## **Army Family Covenant Update**

## Ghouls just want to have fun at CYS Services

#### Theresa O'Hagan

Family, Morale, Welfare and Recreation

Child, Youth and School Services will celebrate its annual Fall Festival this year on Halloween.

"Every year we hold it on the last Friday in October," said Rose Edmond, chief, CYSS. "The last time Halloween fell on the last Friday, we had our largest turn out ever. We expect a big turn out this year as well."

The CYSS Fall Festival is set for 7-9 p.m., Oct. 31 at the Youth Services Center.

Under the Army Family Covenant, CYSS has been able to expand many programs. The Army Family Covenant and a partnership with Balfour Beatty Communities have allowed for a new attraction for this year's event

— Terror on Thomas Court.

Instead of the traditional haunted house CYSS offers every year at the Youth Services Center as part of the Fall Festival, Balfour Beatty Communities is allowing CYSS to use two sides

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stairs housing units on Thomas Court for a haunted house.

"We're so excited that Balfour Beatty is letting us use Thomas Court for the haunted house," said Beverly Metcalfe, CYSS Youth Education and Support Services director. "Now we have more time to prepare and don't have to put it up in one day the way we normally do when it's in the Youth Center."

The main Fall Festival, which will still take place at the Youth Services Center, is geared toward the

younger members of the community and the organizers ask that children and parents not dress in scary costumes. The festival will feature traditional car nival favorites such as the Duck Pond, Potty Toss and Color Wheel, just to name a few. There will be plenty of treats, but no tricks





Today

**Southern Style Lunch Buffet**, from 11 a.m. to 2 p.m. at the Officers' Club.
The buffet is open to the public.

Visit **Century Lanes** for food, fun and bowling.

Magruders Pub is open for lunch for family members from noon to 4 p.m., Thursdays.

**Relocation Planning Workshop** is set for 8:30-9:15 a.m. at the Education Center.

The Fort Jackson Golf Club hosts Guest Day.

#### Friday

Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

**Artistic Expression with Jake** begins 6:30 p.m. at the Youth Center Teen Room.

**Dance** to a variety of music provided by DJ Randall at **Magruders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magruders Pub, and the cover charge is \$3 for military and \$5 for civilians.

Visit Magruders Pub and the NCO Club for **HOOAH Happy Hour** every Friday, 5-7 p.m.

Marion Street Station trip to **Scarowinds** leaves at 5 a.m. There is a \$5 fee for transportation and Carowind discount tickets can be purchased at Victory Travel then upgraded to Scarowinds tickets at the park's guest relations desk.

#### Saturday

**Step Team practice** begins 2 p.m. at the Youth Center Dance Room

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover

charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways will be held 9:30-11 p.m.

**South Carolina Military Challenge** begins at 10 a.m. at the Fort Jackson Golf Club.

**Outdoor Recreation's Hunt Camp** begins at 5 a.m. at Heise Pond Game Check Station. Cost is \$30.

#### Sunda

Come to **brunch** from 11 a.m. to 2 p.m. at the Officers' Club

Enjoy **Family Day at the Youth Center,** 2-6 p.m. **Couples Member Guest Tournament** begins at 2 p.m. at the Fort Jackson Golf Club.

#### Monday

The **NCO Club** presents a **full lunch buffet**, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

#### Tuesday

**Movie Night** begins 6 p.m. at the Youth Center in the Teen Room.

Enjoy free movies every Tuesday at Magruders Pub.

#### Wednesday

Be a sensation with **Karaoke with Tom Marable** at **Magruders Club** at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

#### Ongoing Offers

- The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.
- The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75

for children 4-10 years old.

- The **Officers' Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.
- The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and other special occasions
- Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$28 per ticket, and Six Flags, \$27 per ticket, for the 2008 season. Some offers require reservations. For more information, visit Victory Travel in the MG Robert B. Solomon Center.
- Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active duty parents who must work to meet mission requirements and for National Guard and Reserve Soldiers during Battle Training Assembly. Care is offered from 5 a.m. to 6 p.m. at multiple locations.

For more information about:

- Registration, call 751-4865.
- Six weeks-kindergarten, call 751-6221/6230.
- Grades 1-5, call 751-1136/6387.
- Grades 6-12, call 751-3977/6387.
- Child Development Home serving children between 6 weeks and 12 years old, call 751-7169/7170.
- Enjoy resort accommodations for two to six people for less than one would pay for most hotels with the **Armed Forces Vacation Club**. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is Installation No.164.
- Play **Victory Bingo** every Tuesday 6:30-10:30 p.m. and win up to \$25,000 in prizes.

## HEALTH \_\_\_\_

## 'Active listening' can save lives

James W. Cartwright
U.S. Army Center for Health
Promotion and Preventive Medicine

Spc. Morgan has been deployed to Afghanistan for eight months. While on a recent rest and recuperation leave, he learned that his girlfriend had been cheating on him. When he tried to talk to her about their relationship, she informed him that she no longer wanted to be his girlfriend

Morgan was devastated by the loss of his girlfriend. When he returned to Afghanistan, he told his battle buddy what had happened. He said that just thinking about his girlfriend had helped him to cope with his deployment, and added, "I can't see myself living without her."

His battle buddy was preoccupied with a video game but glanced at Morgan and blurted out that he ought to just, "forget her"

Does this sound familiar? It should, because, while not based on a specific person or event, the scenario is based on common experiences. Some people experience suicidal thoughts in response to life events. They frequently give warning signs or clues. In this example, Morgan's battle buddy was a good Soldier and friend. But he was not a good listener. He did not really "hear" what Morgan was saying. He missed the clue, a possible warning sign that Morgan was in emotional distress and

might even be thinking of suicide. He did not "get the message" and lost his opportunity to help prevent a possible loss of life.

The overall goal of the Army Suicide Prevention Program is to reduce Soldier suicides. It is founded on a belief that many suicides are preventable and that with proper awareness, caring and a little training, anyone can help a Soldier who is contemplating suicide.

There are many reasons to be invested in preventing Soldier suicides. The loss of a Soldier to suicide is an individual and family tragedy; it is also a devastating event for the military unit. It affects unit cohesion and seriously disrupts the unit's ability to sustain its mission.

Learning and practicing a simple technique called, "active listening," can save lives. Below are the basic steps to active listening:

- 1. Look your battle buddy in the eyes; suspend other things that you are doing.
- 2. Listen not merely to the words, but the feeling content.
- 3. Be sincerely interested in what your battle buddy is talking about.
- 4. Talk to your battle buddy alone in a private setting.
- Allow your battle buddy to talk freely.
- 6. Restate what your battle buddy said.
- 7. Ask clarification questions once in a

- 8. Be aware of your own feelings and strong opinions.
- 9. When talking to your battle buddy, give him or her and yourself plenty of time.
  - 10. Stay calm and objective.
- 11. Don't criticize or argue with your battle buddy's thoughts and feelings, but listen and allow him or her time to find words.

Suicide prevention is everyone's responsibility. It is imperative that every leader and Soldier learns how to intervene on behalf of a Soldier or battle buddy who is thinking of suicide. Actively listening to a suicidal Soldier will provide relief from the pain. It is a sign of strength when Soldiers seek help for emotional problems that they may be encountering. Listen for cries of help and intervene to benefit the Soldier, leader and unit.

If you have read this far, you may be asking, "What do I do next?" No one can read another person's mind. Be prepared to ask directly if your buddy is thinking of committing suicide. Then escort your buddy to the chaplain or behavioral health services. The Army has easy-to-learn suicide prevention training programs. Ask your leadership or chaplain how to get involved.

Suicide prevention materials are available at <a href="http://chppm-www.apgea.army.mil/dhpw/Readiness/suicide.aspx?">http://chppm-www.apgea.army.mil/dhpw/Readiness/suicide.aspx?</a>

## Cholesterol; counting calories; exercise

Q I just found out that my cholesterol is 230. What can I do to lower it?

A lif you have high cholesterol, you may be at a higher risk for heart disease. But you can reduce your cholesterol through proper diet, consistent exercise, and, if needed, cholesterol medication. See your doctor before beginning any diet or exercise program. Make sure that your doctor is the only one who prescribes any cholesterol medications.

What kind of diet will help me in lowering my cholesterol? Does this mean that can only eat bean sprouts and lettuce?

A You don't have to get extreme in dieting. It is the small, subtle changes that make the biggest impact. You can start by increasing your intake of soluble fiber and lowering your intake of saturated fats. My recommendation is to totally eliminate your intake of trans fats. This would be a good time to begin reading the nutrition labels on the back of your foods.

What foods in particular should I eat to help me lower my cholesterol?

A Foods that are high in soluble fiber have been proven to help. These include oats, oatmeal, barley, beans, peas, strawberries, bran and citrus fruits. You can also add grains, vegetables, fruits and nuts to your list. Just make sure that you don't overdo it on the nuts. They are high in calories and you don't want to gain weight in the process.



Maj. Thomas Hundley

What foods should I try to avoid while trying to lower my cholesterol?

A I will make this one simple: Limit or eliminate trans fats and saturated fats. That includes cakes, cookies, candy, cracker jacks and a whole bunch of other junk that begins with the letter "C." Also, reduce your consumption of donuts, fried foods, whole milk, cheese, ice cream, butter and lard. That should get you started to better health.

**Q** Does eating later in the day really cause you to gain weight? At what time of the day should I stop eating?

A When you take in more calories than your body needs, you gain weight. So if you consume your recommended daily caloric intake (2,000 calories per day) by noon, anything you eat after that will cause you to gain weight. So if you know you're going to snack at night, reduce your intake at your earlier meals.

What kind of exercise program do I need to do?

A Your exercise program will depend on your personal likes, abilities, and lifestyle. You are more apt to stick with a program that you enjoy rather than one which you dread. Exercising 30 minutes each day is a great goal. A good morning walk or jog will do wonders for your health, but make sure you check with your doctor first.

To submit a question, e-mail Nichole.Riley@amedd.army.mil or call 751-2291.

#### **News at MACH**

The main ground floor entrance of Moncrief Army Community Hospital is closed because of construction. Use the door to the right.

The main outpatient pharmacy will be closed from 7:30 a.m. to noon, Saturday during the relocation of the pharmacy from the basement to the ground floor. The new pharmacy is scheduled to be fully functional by Monday. All other pharmacy services and hours remain the same.

The new Warriors in Transition Unit and Soldier and Family Assistance Center buildings are expected to be completed soon.

#### **Vaccine Shortage**

MACH is experiencing a shortage of the Shingles vaccine (Zostavax), and will likely not have any for three to four months. For more information, call 751-0376.

## New number for cancelling appointments

A new phone number allows MACH patients to cancel appointments after hours. For after-hours cancellations, call 751-2904.

During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (3723) to cancel an appointment.

#### **TRICARE Prime**

The TRICARE Service Center has moved to the 10th floor. Offices for the Exceptional Family Member Program and Educational and Developmental Intervention Services have moved to the 10th floor.

Beneficiaries enrolled in TRICARE Prime at MACH can schedule an appointment around the clock at www.tricareonline.com or www.moncrief.amedd.army.mil. For more information, call 751-

#### **Online Formulary**

The Department of Pharmacy has provided an online formulary, which can be viewed at <a href="http://www.pharmacyone-source.com/fos/default.asp?L=6">http://www.pharmacyone-source.com/fos/default.asp?L=6</a> 9557&g=1. This formulary can be printed out and taken to the doctor to make sure that MACH carries a specific medication.

## COMMUNITY HIGHLIGHTS....

#### Loveable pets looking for a home









Photos by Susanne Kappler and Ashley Henry

These pets need a home, from top left clockwise: 9-month-old male boxer-lab mix; 13-week-old black kittens; 1-year old female cat; 6-week old kitten. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.

#### **This Week**

#### **Banking and Credit Union Class**

A class on banking and credit unions is set for 9-11 a.m., today at the Education Center, Room B-302.

For more information and to register, call 751-5256/6325.

#### **Balfour Beatty Halloween Fun**

Balfour Beatty will offer a Halloween quiz contest 3:30-4 p.m. today at the community office. Residents also still have time to decorate yards for the Home Haunt contest. Winners will be announced Tuesday and will receive a \$100 gift card from Lowe's.

#### **Employment Readiness Orientation**

An Employment Readiness Orientation will take place 6-8:30 p.m., today at the Main Post Chapel activity room. For more information and to register, call 751-4862/5452.

#### **Car Buying Class**

A Car Buying Class is set for 8:30-10:30 a.m., Tuesday at the Education Center, Room B-302.

For more information and to register, call 751-5256/6325.

#### **Starting a Small Business**

A seminar on How to Start and Run a Small Business will be hosted by the University of South Carolina Small Business School 9-11:30 a.m., Tuesday. For more information and to register, call 751-4109/6062.

#### Careers-on-the-go Seminar

A "Careers-on-the-go" seminar is set for 9-11:30 a.m., Wednesday at the Main Post Chapel. The seminar will teach participants how to set up a home-based business and many other tips to create a career that will travel to the next duty station. For more information and to register, call 751-4867/5452.

#### Budget Development and Record Keeping

A seminar on developing a budget and keeping records is scheduled for 1:30-3:30 p.m., Wednesday at the Education Center, Room B-302.

For more information and to register, call 751-5256/6325.

### **Upcoming**

#### **Managing Emotions Under Stress**

A seminar on how to manage emotions under stress takes place from 10 a.m. to 3 p.m., Nov. 4 at 5616 Hood St., Room 10. For more information and to register, call 751-5256/6325.

#### **Breastfeeding Support Group**

The Breastfeeding Support Group meets from 10 a.m. to noon, Nov. 4 at the Joe E. Mann Center conference room. For more information and to register, call 751-5256/6325.

#### **Checkbook Maintenance**

A workshop on checkbook maintenance is set for 8:30-10:30 a.m., Nov. 5 at

#### **Drill and ceremony champions**



Courtesy Phot

The 3rd Platoon "Black Knights," Company C, 3rd Battalion, 60th Infantry Regiment won the battalion's drill and ceremony competition. The competition is conducted every cycle to judge platoons on team work, discipline and esprit de corps.

the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

#### **Employment Readiness Orientation**

An Employment Readiness Orientation will take place from 8:30 a.m. to noon, Nov. 5 at the Education Center, Room B-206. For more information and to register, call 751-4862/5452.

#### **Resume Writing for Beginners**

A class on how to prepare a resume for a job fair or private sector employment is scheduled for 1-3:30 p.m., Nov. 5 at the Education Center, Room B-206. For more information and to register, call 751-4862/5452.

#### **Phase II Levy Briefing**

A Phase II Levy Briefing is set for 2:30-3:30 p.m., Nov. 5 at the Strom Thurmond Building, Room 213. For more information and to register, call 751-5256/6325.

#### **Veterans Job and Health Fair**

A job and health fair for South Carolina Veterans is scheduled from 9 a.m. to 3 p.m., Nov. 7 at the National Guard Armory, 1225 Bluff Road.

### **Announcements**

#### 2008 Garrison Holiday Celebration

The Directorate of Information Management is conducting meetings for planning the 2008 Garrison Holiday Celebration at 9 a.m. every Friday at 3390 Magruder Ave. To volunteer for the planning committee, call 751-5333.

## African American History Month Recognition Awards

DoD is seeking nominations for its African American History Month Recognition Awards. The awards honor service members who have supported the Global War on Terror, demonstrated role model qualities and personified the core values of their military service between February 2007 and February 2008. Nominations are due Nov. 14.

For more information on how to submit a nomination, call 751-4916/2990 or e-mail *Janeen.Simmons@conus.army.mil*.

#### **Essay Contest**

Fifth and sixth graders can participate in an essay contest with the subject "What I am thankful for." Entries will be accepted starting Nov. 1 at Balfour Beatty Community Office, 5939 Thomas Ct. The winner will be announced Nov. 18. For more information, call 738-8275.

#### **Reclamation Sale**

A reclamation sale for Soldiers is scheduled from 8 a.m. to 5 p.m. Nov. 3-7 at 2570 Warehouse Road. The limits are two sets of ACUs and one set of boots per person. All other items are on basis of issue and only cash will be accepted. The schedule is as follows:

Nov. 3 — E1 through E6 active duty or Reserve on active duty.

Nov. 4 — Training Cadre to include first sergeant, commanding officer, training non-commissioned officer, executive officer.

Nov. 5-6 — All ranks, active duty. Nov. 7, before 3 p.m. — Active duty,

## Veteran's Day Ball

The second annual 171st
Infantry Brigade Veteran's Day
Ball begins at 6 p.m., Nov. 7 at the
NCO Club. RSVP by Friday. For
more information, e-mail
Luis.D.Martinez@conus.army.mil
or call 751-3318/3316.

## COMMUNITY HIGHLIGHTS\_

Nov. 7, 3-5 p.m. — Installation senior leadership only.

#### **Holiday Food Drive**

The Fort Jackson chapter of the Sergeant Audie Murphy Club is conducting a Holiday Food Drive through Dec. 12. Non-perishable food items can be donated to the 192rd Infantry Brigade, 165th Infantry Brigade, 171st Infantry Brigade and the Soldier Support Institute. For more information, call 751-0964.

#### **Thrift Shop News**

The Thrift Shop has a large supply of Halloween costumes and decorations. Blowout sales are scheduled for Nov. 1 and Dec. 6. The store is open from 9 a.m. to 2:30 p.m., Tuesdays, from 9 a.m. to 5:30 p.m., Thursdays and from 9 a.m. to 2:30 p.m. the first Saturday of every month. For more information, call 787-2153.

#### World War I Symposium

The South Carolina Confederate Relic Room and Military Museum will host a World War I military history symposium Nov. 15. For more information and to register, visit http://ccr.sc.gov/events/ww1.

#### **Holiday Mailing Deadlines**

To ensure holiday cards and packages mailed to APO/FPO addresses arrive by Dec. 25, the United States Postal Service recommends the following schedule:

Parcel Post — deadline for all items to all zip codes is Nov. 13.

Space Available Mail — all items mailed to zip code 093 must be mailed by Nov. 21; items to all other zip codes must be mailed by Nov. 28.

Parcel Airlift Mail — all items to zip code 093 must be mailed by Dec. 1; items to all other zip codes must be mailed by Dec. 4.

Priority Mail and First-Class Mail Letters and Cards all items to zip code 093 must be mailed by Dec. 4; items to all other zip codes must be mailed by Dec. 11.

Express Mail Military Service — items cannot be sent to zip code 093; items to all other zip codes must be mailed by Dec. 18. For more information, visit http://www.usps.com/supportingourtroops/welcome.htm.

#### **Landscaping and Refuse Collection**

Housing residents are reminded of the weekly landscaping schedule:

Monday — Pierce Terrace 1 and 2.

Tuesday — Pierce Terrace 3 and 4;

Wednesday — Pierce Terrace 5 and 6.

Thursday — Howie Village and Pershing area.

Friday — Pierce Terrace 7 and rain day make-up.

Residents should ensure the yard is clear of any obstacles that may prevent mowing, weeding and edging.

Refuse collection is scheduled for regular trash pick up, recyclables and yard debris and bulk trash. No trash of any kind may be put out before to 7 p.m. the evening before scheduled pick-up day. The schedule for trash pick-up is as follows:

Monday — Pierce Terrace 1,2,3 and 6.

Tuesday — Pierce Terrace 4,5,7 and Howie Village.

Wednesday — recyclables and yard debris;

Thursday — bulk trash.

For more information, call 787-6416.

#### **Free After School Program** for Middle School Students

The Boys and Girls Club of the Midlands will offer free after-school programs for middle-school students.

## Recurring Meetings

#### Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Columbia Composite Squadron (Civil Air Patrol) meets at 6:30 p.m., Mondays at Columbia's downtown airport, Owens Field, main conference For more information, e-mail tom.alsup@gmail.com or visit online www.scwg.cap.gov.

**Helping Everyone Reach Optimum Strength** meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

**Medical Board Office** is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

#### Monthly

The Ladies Auxiliary meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Weight Loss Surgery Support Group meets at noon the second and fourth Monday of the month at the Weight Management Center, 180 Laurel Street, Columbia. The group also meets the second and fourth Tuesday of the month at 6:30 p.m. at the Palmetto Health Baptist Breast Health Center, 1501 Sumter St., Ground Level, Meeting Room 2, Columbia.

**Seabees** meet at 7 p.m., the second Monday of the

month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Veterans of Foreign Wars meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room www.jackson.army.mil/360/SA MC/home.htm.

American Legion Post #182 meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

**Disabled American Veterans** meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Vietnam Veterans of America Chapter 303 meets at 7 p.m., the third Tuesday of the month at American Legions Post 6, 200 Pickens Street. For more information, call 312-4895.

Purple Heart #402 meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

American Red Cross new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magruders Club. For information, e-mail sec@fjvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

**MEDPROS training** will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail jrodgers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

**U.S. Navy Sea Cadets,** for 11-18 year olds, meet the third weekend of the month. For information call

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fileader@conus.army.mil.

Transportation home is available for \$10 a week.

All Army youth and dependents of Army civilian employees are eligible. For more information, visit www.bgcmidlands.org or call 231-3300.

#### **Housing Assistance**

housing by visiting the Automated Housing Referral Network. Referrals are available for on- and off-post housing. For more information, visit www.ahrn.com.

#### **Volunteers Needed**

The Thrift Shop is looking for volunteers. Many posi-Military members can find online assistance to find tions are available. For more information, call 787-2153.

### FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

#### Lt. Col. Ronald F. Taylor

Director, Emergency Services/Provost Mar-

Sgt. Maj. Allen Taylor Jr. Provost Sergeant Major **Billy Forrester** Fire Chief

#### Cases of the Week

A civilian received emergency medical treatment following a fight at the mini mall. Two civilians were involved in an argument, which escalated, Military Police said. One of the two was struck in the face with a beer bottle, causing a severe laceration, which required medical attention, according to MPs.

A Soldier sought help from the MPs because she had no place to stay and no money. The Soldier was en route to her next duty station but had misplaced her bus ticket and missed the scheduled departure time, MPs said. The Soldier was provided a room at the Single Soldier Complex pending transportation arrangements.

A Soldier's car was damaged in a hit-andrun accident in a parking lot, MPs said. The rear bumper was dented and scratched.

#### Provost Marshal's Tip of the Week

Fort Jackson is governed by specific laws, regulations and policies. Authorities understand that it is impossible for everyone to know every policy, rule and regulation on every South Carolina traffic law.

Military Police officers and Department of the Army Police officers are trained in these laws and regulations. It is their duty and responsibility to uphold installation policies and regulations set forth by the commanding general and to uphold the state and federal laws governing the installation.



## FORCE PROTECTION THOUGHT OF THE WEEK

## **The Fourth Sign of Terrorism**

#### #4 Acquiring supplies

This may be a case where someone is purchasing or stealing explosives, weapons or ammunition. It could be the unusual purchasing or storing of fertilizer or harmful chemicals. Terrorists would also find it useful to acquire law enforcement equipment and identification, military uniforms and decals.

## CHAPEL Model for prayer

Chaplain (Maj.) Judith Hamrick U.S. Army Chaplain Center and School

A lot of folks tell me they do not know what to say when they pray. The disciples felt the same way.

They asked Jesus to teach them how to pray and he gave them what we call the Lord's Prayer.

We probably should call it the disciples' prayer, because it is an example for us to follow. We do not need big fancy words to pray. Just talk to God from your heart:

Our Father who art in heaven.

 Jesus introduced a new idea when he suggested we call God "Abba" or "Daddy." He taught us that God is someone personal and approachable who loves and cares for

Hallowed be thy name

- Praise God and thank him for who he is and what he does.

Thy kingdom come, thy will be done on earth as it is in heaven

Come with an attitude of hope, expectation, and trust. The apostle James tells us in his letter to believe when we pray, because God hears us and rewards those who diligently seek him.

Give us this day our daily bread

- In the center of the five petitions or requests, we place our personal requests, even for the most simple and basic things in life.

And forgive us our trespasses as we forgive those who trespass against us

— Tell God we are sorry for the things we do wrong and ask for his help to forgive those who have wronged us.

And lead us not into temptation but deliver us from evil

- Ask God to help us do what is right, to give us wisdom, strength and courage to know and do the right thing.

For thine is the kingdom, the power, and the glory, forever and ever, amen

- Remember again that God is willing and able to help us.

All of those things are things to pray about. It does not have to be long or pretty, just sincere.

Jesus told another story about two guys who stopped to pray.

One had a big, long, fancy prayer and bragged about how great a guy he was. The other just prayed, "God, be merciful to me, a sinner," and his prayer was the one that touched God's heart.

Prayer can change a person's outlook and perspective. Take a moment today to pause and pray. You will be glad you did.

### **Worship services**

■ Sunday 8 a.m. and 10:45 a.m. Daniel
Circle Chapel (Gospel)
8 a.m. Bayonet Chapel
(Hispanic)
9:00 and 10:30 a.m. Magruder
Chapel
9:30 a.m. Main Post Chapel
10:45 a.m. Post-wide Sunday
School (Post Chapel)
11 a.m. Daniel Circle Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next
Chaplain School
■ Wednesday 7 p.m. Gospel Mid-week
Service Daniel Circle Chapel
PROTESTANT BIBLE STUDY
■ Monday 7 p.m. Women's Bible Study
(PWOC - Post Chapel, Class 209)
■ Wednesday 7 p.m. Anderson Street Chapel
7 p.m. Daniel Circle Chapel
7 p.m. Daniel Circle Chapel
7 p.m. Daniel Circle Chapel
9:30 a.m.-noon Women's
Bible Study (PWOC, Post Chapel)
6 p.m. Neighborhood CMF/OCF
Bible Study (Call 790-4699)
7 p.m. LDS Bible Study (Anderson Chapel)
■ Saturday 8 a.m. Men's Prayer Breakfast
(Post Chapel, (every second
Saturday of the month in Chapel
Fellowship Hall)
■ PROTESTANT YOUTH OF THE CHAPEL
■ Sunday 5 a.m. Posticl Circle Chapel

PROTESTANT YOUTH OF THE CHAPEL
■ Sunday 5 p.m. Daniel Circle Chapel
(1st & 3rd Sundays)
■ Wednesday 6:30 p.m. Main Post Chapel

#### Lutheran/Episcopalian

■ Sunday 8 a.m. Memorial Chapel

■ Sunday 8-10 a.m. Islamic Studies ■ Friday 12:30-1:45 p.m. Jumah Services (both — Main Post Chapel)

#### **Church of Christ**

■ Sunday 11:30 a.m. Anderson Chapel

■ M-F 11:30 a.m. Mass (Post Chapel)
■ Sunday 8 a.m. Mass (Solomon Center)
11 a.m. Mass (Main Post Chapel)
9:30 a.m. Mass (120th AG
Battalion Chapel)
9:30 a.m. CCD (Education
Center)

Center)
9:30 a.m. Adult Sunday School
12:30 a.m. Catholic Youth Ministry
Wednesday 7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

■ Sunday 9:30-10:30 a.m. Memorial Chapel 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

#### Latter Day Saints

■ Sunday 9:30-11 a.m. Anderson St. Chapel

#### Addresses, phone numbers

**Daniel Circle Chapel** — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216 Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469 Bayonet Chapel — 9476 Kemper St., 751-

Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780 Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032 Education Center — 4581 Scales Ave. Magruder Chapel — 4360 Magruder Ave.,

120th Rec. Bn. Chapel — 1895 Washington

Memorial Chapel — 4470 Jackson Blvd.,

Chaplain School — 10100 Lee Road. 751-8050

#### **PWOC Bible Study**

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. For information, e-mail pwocjackson@yahoo.com.

LEGAL

## Steps for sidestepping credit card scams

## Part 1 of 3: Prevent identity theft; protect your information

Capt. Vito J. Abruzzino Legal Assistance Attorney

One of the worst victimized feelings in the world can stem from nowhere. Identity theft can strike and strike hard, defrauding people of thousands of hard-earned dollars

Often, the realization that a credit card is missing or an unauthorized charge has taken place leads to confusion, denial and panic.

All too often, Soldiers and family members seek advice on "what to do next" when they find something strange occurring with their identity or credit. By this time, it is often too late.

Consumers must act quickly when they realize something is wrong. Do not wait for an attorney to tell you to

take action. TV commercials and Internet ads stating that the consumer will not be charged for purchases he or she did not authorize don't help if the creditcard issuer does not have such protections in place under his or her card agreement. Therefore, protect yourself. Do not rely on others.

"The best offense is a good defense."
This saying holds true when it comes to identity theft. When making purchases at retail stores,

keep an eye on who handles the card and who

watches the purchase. A card should only be scanned once for purchases. Be sure to question or ask for a manager if the clerk taking the payment scans the credit card several times. Unless the computer system has malfunctioned, there is no reason for a second scan.

One of the most common scams in retail is scanning a credit card on two different readers. One charges the purchase being authorized, and the second scan, portrayed to look like an error, copies all the information found on the card. Secondary scans are also ill-advised in an honest situation. Even if the card did not "read" the first time, the consumer might get the same charge on the bill two or three times at the end of the month.

Bottom line, if a second scan is necessary, consult with a manager or get an explanation that is acceptable.

Another good practice is writing "ASK FOR ID" on the back of credit cards in the signature block.

A properly trained sales clerk should, at a minimum, compare the signature on the back of the card with the signature the purchaser provides at the time of sale.

If this message is written in the signature block, the clerk will ask for an ID. Hopefully, the purchaser is the card owner, but if not, this is a protective measure to thwart would-be thieves.

Keep receipts. A well-documented history of authorized transactions will offer more weight to an argument with the credit card company when a disputed transaction occurs. Your "word" might simply not be enough, especially if the unauthorized transactions have occurred at a place you regularly shop or for an amount routinely charged

#### **Operation Hours**

Fort Jackson's Legal Assistance Office, located in the Office of the Staff Judge Advocate, 9475 Kershaw Road, is open 9 a.m. to 4 p.m., Monday through Thursday.

For appointments, call 751-4287. The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-4 p.m., Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 9-11 a.m., Thursdays.

Internet transactions are a completely separate creature in the world of credit cards. Information flying across the World Wide Web with the click of a button is tempting bait for those seeking to steal someone's money or identity.

When purchasing from a Web site, be sure that the company is a reputable and well-known. If it is an obscure company, or the deal seems "too good to be true," it probably is.

Also, ensure that the page where information is entered has encryption software working in your favor. Any Internet or online shopping site that is legitimate will have these protections in place.

Editor's Note: This article is part one in a three-part series to inform consumers about what to do before identity theft occurs, the actions to take when identity theft has been discovered and what to do afterward.

## SPORTS/FITNESS\_\_\_\_

# Army set to defend first AHA title

#### **Army Athletic Communications**

The Army hockey team will open defense of its regular season Atlantic Hockey Association championship with a two-game series at the Mark Freitas Ice Forum against the University of Connecticut.

Army won its first league championship a year ago with a 17-8-3 conference mark and will look for its first wins of the season on Friday and Saturday. Both games are scheduled for 7:05 p.m. starts in Storrs, Conn.

The Black Knights are 0-1-0 following a 1-0 loss to Merrimack Saturday, despite holding a 44-22 advantage in shots on goal. Army had nine shots in the first period, 18 in the second and 17 in the final 20 minutes but could not break though.

Senior goalie Josh Kassel made 21 saves against the Warriors with the lone goal coming after it bounced off two players' skates.

Army killed off Merrimack's lone power play opportunity and was 0-2 on its power

play chances

Army held a 44-22 advantage in shots on goal but Merrimack freshman goalie Joe Cannata earned his first career shutout with a stellar performance. Cannata, a member of the U.S. National Under-18 team last year, made nine saves in the first, 18 in the second and 17 in the final period.

Each team had nine shots on goal during the first 20 minutes and a power play opportunity through two periods but neither team was able to break through.

Pat Kimball finally ended the drought 3:11 into the final period. He shot from near the left faceoff circle and the shot appeared to hit off two skates before tricking into the corner of the net. Mickey Rego and Joe Loprieno were credited with the assists.

Prior to its season-opening game against Merrimack, Army unveiled its 2007-08 Atlantic Hockey Association banner, commemorating last year's regular season championship. The banner now hangs in the South end of Tate Rink.



**Photo Courtesy of Army Athletic Communications** 

Junior forward Owen Meyer, right, led the Army hockey team with 21 goals last season in addition to fielding 18 assists.

#### Flag football standings\*

#### Monday/Wednesday League

| 3-34  | 5-0 |
|-------|-----|
| 120th | 3-1 |
| 2-39  | 3-2 |
| MPs   | 2-2 |
| 2-60  | 1-4 |
| 3-13  | 0-4 |
| TFM** | 0-4 |

#### Tuesday/Thursday League

2-13 4-1
DSS 4-2
VSB 3-2
SCNG 3-2
187th 2-4
Marines 1-3
3-60 0-3

\* Standings as of Oct. 20.

\*\* TFM dropped out

### **Sports Briefs**

#### Commander's Cup Bowling

A bowling tournament for active duty Soldiers will take place Nov. 3-5 at Century Lanes Bowling Center. Each battalion can enter up to three teams. Teams do not have to have the same members each day. For more information and to register, call 751-3096.

#### **Sports Banquet**

The Sports Banquet is scheduled for 11:30 a.m., Dec. 10 at the MG Robert B. Solomon Center. For more information, call 751-3096.

#### **Volunteer Cheerleading Coaches**

Volunteer youth cheerleading coaches are needed. Experience is desired, but not mandatory. Volunteers get the "coaches discount," when their own children also play sports — 100 percent for the first child; 50 percent for siblings. For more information or to volunteer, call 751-5040.

#### Youth Basketball, Cheerleading

Registration will be accepted until Nov. 17 for youth basketball and cheerleading. The season for both runs December through February.

Practices will be once a week for 4-7 year olds and twice a week for 8-18 year olds. Games are played on Saturdays.

The fee for basketball is \$40 for the first child and \$36 for siblings and includes a jersey, shorts and a trophy. The fee for cheerleading is \$30 for the first child and \$27 for siblings and includes a skirt, a top and a trophy.

#### **Important Numbers**

For youth sports, call 751-5610/5040; For golf information, call 787-4437/4344; For sports information, call 751 3006